

## Earth Alliance & Patriot News for July 28th, 2023

By Mark Baughman

Sources: Ted Mahr videos, Q interviews, Gene Decodes live and videos, C-VINE.com, C-Vine News Network, Operation Disclosure, Jared Rand, Skye Prince, Before Its News, Michelle Fielding, Zorra of Hollow Earth, Michael Jaco, James Gilliland, Alex Collier, Dinar Chronicles, Q drops, Benjamin Fulford Website, DoD, Era of Light, and Other Live Conference Calls. News Dr. Tom R/V GCR Updates and Jared's Conference Call 7/26/2023" In the Night" Notes.

Articles: The 9D Arcturian Council: A Gigantic Leap Forward for Humanity, Quan Yin: Why We Write Child Abuse into Our Life Chart, One Who Serves: What the Future Holds, and R'Kok: Media Fabricate Reality by Cherry-Picking Experts.

**The 9D Arcturian Council: A Gigantic Leap Forward for Humanity Excerpt:**

“We have the ability to sense when humanity has made a collective gigantic leap forward in your evolution of consciousness, and you have done so recently. We invite you to feel for the significance of this gigantic leap forward by recognizing that inner peace is more available to you now. No matter what is going on in your lives, you have greater access to the vibration of your liking. You can connect more with love, with peace, with joy, with freedom, with creativity and with excitement, because you as a collective are moving ever closer to the completion of the shift in consciousness there on Earth.”

**Dr. Tom R/V GCR Updates;**

**-) Money is moving, large amounts, from his intel. Three major moves:**

**1) From Singapore to the Philippines from the Windsor Fund (One of the six major Global Collateral Accounts).**

**2) From those same accounts to the Chinese Elders, so they can run the Financial transition.**

**3) The Good side of the Chinese Government, the bad CCP is almost gone!**

**-) Get ready for NESARA/GESARA**

**-) Many money moves, so when the time comes, the IQD or Iraq Dinar can move forward with re-valuation.**

**-) Big Meeting—August 22<sup>nd</sup> in South Africa for the BRICS, group, who is NOW over 130 countries. All wanting and many declaring Gold Backed Currency. Will that be the “Trigger” to the Fiat Petro Dollar demise? Dr. Tom thinks so, after August 22, 2023.**

**-) You can see that on some the alternative news, and not XRP & XLM can be purchased new through normal channels.**

**-) The CBDC coin or now called Fed Now, do not let any bank change over your account to that. The money in that account will be gone.**

**-) First signal, they will take down the Fake Biden Administration.**

**-) Within 2 Hours, the Gold Standard will be announced**

**-) Then NESARA/GESARA will be announced.**

**-) Then the R/V will kick in.**

**-) Everything is Done**

**-) The Good Guys, the Alliance, and the White Hats will NOT allow pure Evil to have Wealth or Power, after the QFS is activated.**

## **Jared's Conference Call 7/26/2023" In the Night" Notes.**

- ) The planet Earth is being flood4ed with "High Photon Light" into the higher frequencies. The Dark Controllers have "No Night Now"!
- ) The original "Brief" to take back the planet, was written in 1972.
- ) All action against the Deep State or illuminati was based after the Brief in 1972.
- ) There are bankers telling customers about the bad CBDC or Fed Now, do NOT switch over. Some accounts have been switched over without the customers permission. We believe the QFS has recorded all bank records so people will get there money back on the QFS, if the bankers try to steal it.
- ) There are 184 Central Banks on Earth and ALL are "Flat Broke".
- ) Now, 127 countries have switched over to the Gold Standard. Most of them are in the BRIC's group.
- ) Jared thinks the switch over will happened SOON. But he did say the Fiat Petrol Dollar could hang on until January 2024. It is the latest estimate. But NO ONE knows when the R/V GCR will happen, NO ONE!

## **Quan Yin: Why We Write Child Abuse into Our Life Chart Experts:**

"But consider, dear ones, that as the shadow aspects come up within yourself—notice how much more you are willing to heal and to move forward into the Light!

And how much more then, would those who have been in shadow for centuries—one incarnation after another—how much more would they begin to wake up and realize, "There's something big going on."

You might drink a glass of pure water—structured water—blessed with pure Love and pure Light—perhaps those words would be written on a bit of paper that is taped to the glass container.

And you wait an hour or so, and you drink the water while it holds the emotional and spiritual resonance of Love or Peace, or whatever the words are.

And you drink it, and you feel beautifully comforted. You feel calmer. You feel your energies lift.

You begin to remember from somewhere deep inside how completely loved you are.”

**Kejraj 7/25/2023**

“2024 will see the expansion of Humanity’s consciousness at greater speeds. Timelines will grow further apart. Each being must Consciously choose what type of reality do they want to be a part of, and reflect that in their daily lives. The ones who are aware of what is unfolding, they too are to have their limits pushed. While others, will simply be in shock, and convinced that it really is the end of the world. ~Kejraj”

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**One Who Serves: What the Future Holds Excerpt:**

Question #1: I just want to know if what she is saying, she is talking about the true alien med-beds. And Also No. 2, or Part B is, do the white Hats have the ability to use med-beds if they need them?

Answer; OWS: We will tell you that the idea of med-beds is coming into the forefront more and more. More are hearing about it. And in the hearing about it, you are creating it coming into being. More and more of you are talking about it. You are creating it into bringing it into being. Now the ones that are available now at this time are *not* the ones that come from your E.T. friends, brothers and sisters, not yet. But it is the precursor of it. The movement from the old medical model into working with frequency and consciousness,

and sound and color, and all of these things that will bring about the new level of consciousness for healing, not for simply working with the symptoms, and then once one is working with the symptoms, it leads them to needing more and more medical assistance in terms of your various drugs and these types of things. So as one gets sicker, and sicker, and sicker, they need more and more drugs, and they bring out new drugs that one more sick, and all of these things that have been happening with your pharmaceutical companies. That is coming more and more to an end here. It will take a little bit of time, but it is coming. And the advent of med-beds, and the movement from what are considered med-beds to the crystalline chambers, crystalline healing chambers, that is coming. But it will take a movement of consciousness to the point where those of your brothers and sisters from the skies can reveal themselves, that is when you will have the true healing chambers that are coming from those of your brothers and sisters from the skies. Okay? And the first part of your question, though, the one that is bringing this out is just a precursor. It is not the real med-beds yet. It is just the beginnings of it. Okay?

Answer: OWS: Yes. It (Med-Beds) is coming, but not quite yet.

Question #2; Guest: Yes, okay. Several years ago, on the January 6 timeframe, it was unfathomable to me to think that we would actually have to trudge through to another election, but we have, with the Deep State in charge. Now it looks like we may need to do that. We may be heading into that direction. But can you give us a ray of hope that there is something or things powerfully happening behind the scenes to be sure that the election does not get stolen again, and that we do not have another four years, because it is *very* difficult to contemplate another, even when we make it through to this election and another four years. So, can you give us any hope in that matter of that?

OWS: We will give this in simply six words: The White Hats are in charge.

## **R’Kok: Media Fabricate Reality by Cherry-Picking Experts Excerpt:**

“The dark controllers also tried this during the 2016 Trump vs Hillary election. Polls usually predicted that Hillary would win, but then Trump won. So, the polls weren’t accurate, as is often the case, however in this case they failed to manufacture the reality they were allegedly predicting, and so the polls were exposed in this instance. However, most people failed to realize the significance of this exposure, and so today most people still believe polls. This is a shame: in an ideal world people would have stopped believing in polls after 2016, or even earlier.

Intentionally skewed polls are also a great method to cover up election manipulation. If election results are in line with poll results, then the election doesn’t look manipulated, however often in the west it’s the case that the elections and the polls were simply both manipulated.

Polls aren’t tools to measure public opinion. They’re tools to fabricate public opinion.

At least, they are whenever the dark controllers wish to push a certain narrative. Of course, there are people out there who genuinely do good polling, with a reasonable sampling. Some polls are reasonably accurate.

So, the media and polls can fabricate whatever reality they want, and most of the public will believe that this fabricated reality is actual reality.

This is Orwellian.

Unfortunately, this pattern of fabricating false realities has been repeating over and over and over again. For example, the media fabricated a false reality that inflation would be transitory. The media fabricated a false reality that Russia would lose the Ukraine war. The

media fabricated a false reality that invading Iraq was an appropriate response to 9/11. Et cetera, et cetera.

How often does the media need to fabricate a false reality before the masses stop listening to them?

I guess people are exhausted and overburdened and scared, and just believing what the brainwashing box says is easier than thinking for themselves. Plus, there are social consequences to thinking for yourself.”

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## The 9D Arcturian Council: A Gigantic Leap Forward for Humanity

Posted on [07/24/2023](#)



Channel: Daniel Scranton

Greetings. We are the Arcturian Council. We are pleased to connect with all of you.

**We have the ability to sense when humanity has made a collective gigantic leap forward in your evolution of consciousness, and you have done so recently. We invite you to feel for the significance of this gigantic leap forward by recognizing that inner peace is more available to you now. No matter what is going on in your lives, you have greater access to the vibration of your liking. You can connect more with love, with peace, with joy, with freedom, with creativity and with excitement, because you as a collective are moving ever closer to the completion of the shift in consciousness there on Earth.** Now usually we would tell you about some galactic event, something involving your sun, or something that came from us or another collective consciousness, but this time we are zeroing in on all of you, because we know you are the cause of this gigantic leap forward in your spiritual

evolution. We know that every time one of you meditates, every time one of you writes in your journal, every time one of you smiles at a stranger, humanity moves forward. There is a cumulative effect, a synergy of these events and these energies that occurs, especially when they are all happening simultaneously.

And enough of you who are awake are making that effort. You are moving down that path consciously and deliberately, and the results are staggering. Continue to dedicate yourselves to these practices and the other practices that you know bring you into a state of higher-vibrational consciousness. Listen to the music you love, dance, get into a body of water, relax, and praise yourselves and others. These are just a few of the easy things you can do to grow spiritually and add to the energies that truly are a grassroots movement there on Earth and the energies that have brought you to this time of enhanced spiritual evolution.

Sometimes you look at your lives, and you wonder when the one big thing is going to happen, or when you are going to contribute your book, or your course, or your healing center to really tip the scales for humanity. But think about how many of you there are now working for the light and working to bring about this shift in consciousness for the entire collective. And know that every little bit helps, every positive thought count, and more and more people are awakening every day to the truth that they are in fact Source Energy Beings pretending to be human.

Those of you who have been awake for a while have added to the momentum of this cumulative effect. Those good habits you have formed now have their own momentum about them, and you are adding so much to the positive thought streams that are out there for others to tap into, and we appreciate you so much for your efforts. We invite you to take a few moments out of your busy day to appreciate yourselves for a job well done. We are the Arcturian Council, and we have enjoyed connecting with you.

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## **Quan Yin: Why We Write Child Abuse into Our Life Chart**

Posted on [07/23/2023](#)





Channel: Caroline Oceana Ryan

This channeling is a continuation of the July 13, 2023 video channeling on why someone would write childhood sexual abuse into their life blueprint before incarnating.

**COR:** Hello, friends. I'm glad to connect with you again.

This is the second part of the channeling begun last week. It's going to encompass more than child trafficking and just talk about child abuse in general, particularly sexual abuse.

It is a very intense subject, and I have to give incredible thanks and support, and just pay real respect and honor to those who contacted me to say that they were in support of last week's message, and that they realize it's a tough issue, but one that requires that we send a lot of Light to now. So, in these energies coming in, I find that Lightworkers are asking so many questions as they're feeling old trauma coming up from this and other lives. Or they're something that feels to be really shadowy. And maybe that's based on grief or rage or loss and abandonment.

So, we don't really have to blame ourselves—I would say, just allow those feelings.

Let it come up. The Collective often encourage people—they have for years encouraged people to get a pen and paper and write at the top, “What's going on that I feel so awful about such-and-such?” Or just in general—whatever it is that's happening with you.

And then switch the pen to the other hand, and just let the story come out. And that's your subconscious speaking!

That could be a past life self [explaining what happened in a past life]. It could be your child aspect. It could be a lot of different things.

But at least then you'll know what you're grappling with.

And that will only be one aspect [of what you're dealing with in that issue], because most Light Bearers have been on this Earth hundreds of times. Some more than a thousand times.

I know there are Starseed who are very new to Earth life, and yet, you've experienced a lot on other planets, and those memories are deep in our subconscious.

So, I think it's important to let this come forward now. So, I'm going to hand this over the Quan Yin.

**She came through a few days ago to let me know that she would like to speak on these issues, and I'm honored to bring her through for you, and to encourage everyone to the energetic transmission that comes with her words to go straight to your heart, and to heal many, many things that you don't even know are there.**

While these Ascension energies are flowing in, while this powerful Light is coming in, so much is coming up to the surface.

So, I'm going to let Quan Yin speak now, and request that she step forward.

[*To Quan Yin*] Namaste, dear one! She is known as the Ascended Master who is particularly focused on mercy and compassion, and connection to the suffering of others in ways that elevate us, so you'll hear her next . . .

**QUAN YIN:** Greetings, dear ones!

I know each of you by your Light, and I am honored—all of us in the Collective likewise honored to be a part of this gathering, which though it takes place over a variety of space-times, nevertheless lives in Oneness.

And yes—mercy, compassion, connection to those who have suffered—this is a great part of my path and always has been.

**And I congratulate all of you coming forward at this time, when there is so much to be reckoned with, and so much to be faced that has lived in shadow, partly because that's all it every knew.**

And so, as this dear one was saying, we ask please that you not consider that you are of a low vibration just because things are coming up now.

Old anger, old shock, old pain of various kinds. Perhaps feelings of insecurity—you might feel alone and abandoned.

This is not coming up because this is the full truth of your existence. **It's coming up because all of these solar Light particles flowing on to the**

**Earth now are seeping not only into every cell of the physical body, but every particle of the spirit and the consciousness.**

So, anything there, as they say, that is not like Love or Love itself, is going to come up. It's going to rise up now to where you can see it and deal with it and bless it.

And you don't have to heal everything all at once! In the Ascension process much is healed merely at times, by being quiet. By surrendering, and letting go.

It's not all about hard work. It's not even all about meditation, although in those moments, you will, dear ones, you will see far more clearly and why you have come.

So, what we're going to do, is call in all of your Spirit teams. We're going to request that they lay before us and all in the Collective, who are here—lay down what each of you is suffering with right now, and we're going to lend a lot of healing energy to that.

Now, Archangel Raphael, naturally, is here. But what we are offering is the vibration of being heard, finally—the child self finally being able to tell all of the story of what they have been through.

And the inner self that is hidden for the most part from the world, and perhaps even from your conscious mind and awareness at times.

Knowing that they are loved and supported in all ways, and that it's not a matter of belief.

It's not a matter of thought or subscribing to one particular idea or system—even a healing system. Even a higher Light system.

It's a matter of just breathing, and just being for a moment.

And so, go into your breath, dear ones. We are working with all of you—that's right, all of the higher selves and guides now laying everything, all of your Angelic guardians, laying everything before us and all of the beautiful Divine Masters and angels within the Collective—the Nature spirits, the Earth elements.

Wonderful . . . all are participating now.

And we are holding all of this that all of you have suffered, and which you connect with some aspect of yourself—you'd rather not look at it, it's too painful.

Or it lives in shadow; it does this and that—it contradicts with your higher ideals, etc.

**We're placing all of that into a beautiful Circle of Light, and asking Saint Germain in particular to step forward, to work with his beautiful Transmuting Violet Flame, to raise the vibration of all these circumstances, and to rinse you free of the struggle of having to release them on your own. That is no longer necessary!** There is great help for all of you. There is great and beautiful help, dear ones. Put everything into that beautiful Circle of Light, please, Spirit teams—wonderful!

And if you yourselves have something to put into that Circle, go ahead, dear ones.

Something you don't understand. Something that's too painful to look at, or something you cannot name, but which seems to be lurking deep inside your inner life.

Now, we wanted to speak also on this issue of child trafficking, and also in the broader sense, all children who have their life energy stolen from them [by sexual abuse], which can be replenished—this is not a “forever” sort of contract or agreement—not at all.

But the dear one putting out the video, whom the Collective refer to as their writer, and she is of course asking why would someone write into their life chart, being trafficked—being abused this way, or being sexually abused or abused in other ways that feel to be soul-crushing.

And so, we are calling on the higher selves now, as well as casting an eye out over all of your life charts, and just listening, as well as taking in the energetic components of those life blueprints which you compose in the higher realms before incarnating, of course.

So, a good number of you, as was discussed last week, have wanted to release—not entirely repudiate, but release the need to define oneself through physical life.

This may sound strange, because to the child who's been abused, there is an awful lot going on that relates their life to their physical body, because of course the trauma, while creating separations, also creates an indelible link between one's everyday life and one's sexuality, sense of self, sense of safety. Whether the world is a good and safe and honorable place to live, or a place never to be trusted.

And so, looking into the blueprints not only have people wanted to expunge and release any shadow, any abuse they have put upon others, and

to understand what they have put others through, but to take on—ah, now we're seeing quite a number of reasons popping up! We'll finish this one—**The idea was to take on a particular form of punishment and to bear the scars of that until healing could be achieved, and that that healing would then elevate one to a level at which they would know themselves in a very new, and empowering, and a far higher way than they would have known themselves without that abuse.**

So, this means climbing one of the tallest mountains in Earth life that exists.

And it means going straight into the soul for yes, comfort and encouragement, but also for a reason that has no reason.

For a level of Divine Love that does not need the mind's participation or comprehension in order to move forward.

And so, there is this ongoing sense of, "How do I climb above this?"

**And that particular road, very well-traveled now, will lead one to new and higher understandings of one's own soul growth and soul strength.**

Now, coupled with that, particularly for those who think of themselves as Starseed and Light Bearers—coupled with that is the desire to be in those circumstances to instill [higher Light] into the heart and mind and soul—yes, of the child pedophile networks, but also of every single abuser—every single person who devises these plans and/or profits from them connects to them in any way, uses them so as to access children for dark reasons. Or feels that they're not so bad, or probably don't exist. At least "not in my country."

This is what many will think, and unfortunately there has been a backlash recently [since the movie *Sound of Freedom* was released] where there have been people for instance being interviewed on television, and these interviews put up on YouTube, saying, "Maybe these issues exist, but not in this country." "Not the US or UK or Australia," or what have you.

And of course, they exist in nearly every country, particularly the more powerful ones.

Slavery has been used as a form of profit of course, by the old power structure, for many, many centuries.

**So those of you [personally] affected by this form of abuse, whether trafficked or abused by those that you knew or came to know, those**

**in your social circles, or someone who just happened to take advantage of the moment, whether you knew them or not—you have been planting powerful Light, powerful Light transmissions into every aspect of this issue.**

And therefore, it is not what it was.

This [form of abuse] has been unfortunately one of the biggest ways in which the old power structure and its members gleaned more life energy power, and more co-Creative power.

Yes, in dark ways that are seeing now to their slow but sure destruction in many cases, and seeing to the destruction of their power structure.

But certainly, while Earth was caught in a very low vibration, they got away with it for a very long time.

Except that now, those coming in, particularly those who are children now—age 18, in their teens and younger, all the way down to infancy, come in with a very special and very powerful Light.

**So to abuse one of these—to take one of them—even though their human consciousness will feel victimized and traumatized, their soul and their soul family are working a thousand times harder than every they did before to plant Light into this issue, into the abusers, into the network owners and operators, into those who suffer under these criminal acts. And into the Earth Herself, which has been defiled over the centuries by dark intent, as obviously you all know.**

To infuse powerful Light, there has been absolutely incredible Light and energies—tonal vibrations and energies of inner Knowing that those who have participated in or who have run these organizations and their goings on, are having now to face things that even 10 years ago they would not have faced. Or only fleetingly—they would have wondered what it meant, this dream or nightmare, or this person saying this or that to them, or this feeling in their heart-space or their mind malfunctioning in some way.

They would have wondered what was going on, and now they have a feeling deep down that they know what's going on.

They are too terrified of their own abusers—their own owners, their own slave masters—to step out of the network and to do as they would prefer, which is to run from this criminality and this cruelty.

**So, to say that those who have come to the Earth now who are suffering this [kind of abuse] have a very, very great mission that they are carrying out, is putting it lightly!**

This is not to say, “All is well, all is fine—it’s OK if children suffer, because there’s a higher reason.”

Most assuredly, none of us in the Collective would say that. None of us in the higher realms would say that. It is not all right.

**But consider, dear ones, that as the shadow aspects come up within yourself—notice how much more you are willing to heal and to move forward into the Light!**

**And how much more then, would those who have been in shadow for centuries—one incarnation after another—how much more would they begin to wake up and realize, “There’s something big going on.”**

**You might drink a glass of pure water—structured water—blessed with pure Love and pure Light—perhaps those words would be written on a bit of paper that is taped to the glass container.**

**And you wait an hour or so, and you drink the water while it holds the emotional and spiritual resonance of Love or Peace, or whatever the words are.**

**And you drink it, and you feel beautifully comforted. You feel calmer. You feel your energies lift.**

**You begin to remember from somewhere deep inside how completely loved you are.**

Now, someone from that other side of things—someone who abuses very knowingly, who understands what they’re doing and does it anyway, for their own “gratification” or for money or for both—

They drink that same glass of water, dear ones, and they will be overcome with feelings that disturb and upset and trouble them many times over, without being able to name exactly what is happening.

Unless they see that word Love or Peace or Kindness or Compassion written on the side of the glass, and then they will begin to understand, “It’s not just a word. It’s a vibration, and I have taken it in.”

They may try to spit out what they’ve had from that glass of water! They may be sorry they ever drank it. Yet something within them—the child [within them] who was crushed and abused—will resonate on a higher

level, and will begin to have a clearer voice, and begin to influence more and more that abuser's or that criminal's goings on in life.

**And we wish to say, in a funny kind of way, *you are that Love-filled essence* that these ones are taking in.**

**You fill the very air and very essence of the environment that you live in on this planet with exactly that kind of magic.** Exactly that healing power, and nothing less!

And so, you can look at outer events such as war and climate disaster and trafficking of all kinds, and all kinds of abuses in the world, and decide, "Oh, everything's dreadful! I just feel awful."

You can do that if you feel you must. And yet, you have come in at this time for such powerful reasons, dear ones! **You have come in to heal others.**

**You have come in to raise the vibration of this planet to where the abuse of humanity's own children would be beyond unthinkable.**

Likewise, the abuse of elders, of refugees and immigrants, of all those who say, for being nonwhite, or for having grown up in a particular ethnicity or religion, or social class or income level, are systematically put down and vilified, and either ignored or stuffed into a prison somewhere.

**You have come in to let all of the prisoners know they are free!**

And the worst sorts of prisoners on your planet are those who think they are in control. Who are headed straight for their own destruction if they do not return to the Light?

And we don't say that anyone's going to drop a bomb on them or anything. **But they will face Divine Goddess, give an account, be given a last chance to come over into the Light.**

If they refuse, this is a result of their making, what befalls them then.

Inner self-will and self-determination and human will, human choice, are all honored.

Honored by Mother Sekhmet. Honored by the Saturn Tribunal. Honored by this Universe, and the laws of this cosmos. Don't ever doubt that, dear ones. Don't ever doubt that all of you made your choice for the Light.

Because this is who you are *and* what you must do—both!

**And so, you didn't come in to be a victim, no. And neither did any of these others who appear to have been victimized.**



**They came in to anchor so much Light that this beautiful Ascending planet will never be the same.**

And so, we ask that you not come to the conclusion that if you were abused in this life, you were an awful person in other lives.

While some of that may hold some truth, that is not the full story.

That is only part of it, and perhaps this channeled expression on these issues will continue a bit longer, to offer even more reasons.

But those are the ones we offer today, dear ones, with much Love, and many blessings! There is an old hymn of Christendom, “I Know That My Redeemer Livet.” **And we would say that that Redeemer is all of you.** Yeshua [Jesus of Nazareth] having come in only to set an example, not to be worshipped.

**And we would say that all of the Light that you are, gathered in the Oneness of Universal Light, which is pure Love, is indeed renewing, rebirthing, re-forming, transforming this beautiful Lady Gaia.**

And so, we send much Love, dear ones, and many blessings. Namaste!

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## **One Who Serves: What the Future Holds**

Posted on [07/27/2023](#)



Channel: James McConnell

Om, mani, padme, hum; om, mani, padme, hum; hum, hum. Greetings to you! One Who Serves here, minus Shoshanna at this point. She has stepped out, or we would say JoAnna has stepped out. So, it is we, the One Who Serves, who will answer your questions if you have them. Would you have any questions here for One Who Serves?

**Guest:** I have a question.

**OWS:** Yes?

**Guest:** Actually, it's a two-part question about med-beds. I have been talking, chatting with a person on Telegram. Her name is Skye Prince. She has some sort of channel. **I just want to know if what she is saying, she**

is talking about the true alien med-beds. And Also No. 2, or Part B is, do the white Hats have the ability to use med-beds if they need them?

**OWS:** We will tell you that the idea of med-beds is coming into the forefront more and more. More are hearing about it. And in the hearing about it, you are creating it coming into being. More and more of you are talking about it. You are creating it into bringing it into being. Now the ones that are available now at this time are *not* the ones that come from your E.T. friends, brothers and sisters, not yet. But it is the precursor of it. The movement from the old medical model into working with frequency and consciousness, and sound and color, and all of these things that will bring about the new level of consciousness for healing, not for simply working with the symptoms, and then once one is working with the symptoms, it leads them to needing more and more medical assistance in terms of your various drugs and these types of things. So as one gets sicker, and sicker, and sicker, they need more and more drugs, and they bring out new drugs that one more sick, and all of these things that have been happening with your pharmaceutical companies. That is coming more and more to an end here. It will take a little bit of time, but it is coming. And the advent of med-beds, and the movement from what are considered med-beds to the crystalline chambers, crystalline healing chambers, that is coming. But it will take a movement of consciousness to the point where those of your brothers and sisters from the skies can reveal themselves, that is when you will have the true healing chambers that are coming from those of your brothers and sisters from the skies. Okay?

And the first part of your question, though, the one that is bringing this out is just a precursor. It is not the real med-beds yet. It is just the beginnings of it. Okay?

**Guest:** She said she actually used them already on other planets.

**OWS:** You can look at that as what someone is saying as real, or you can search within yourself and understand how it resonates within you. That is what we would say here. Does it resonate? Does it feel right? Or is it something with someone that is simply a flight of fancy here?

**Guest:** I don't believe it, so thank you.

**OWS: Yes. It is coming, but not quite yet.** Would there be other questions here?

**Guest:** yes, I have a question.

**OWS:** Yes.

**Guest:** How imperative is it to be a vegetarian before the ascension?

**OWS:** We do not understand the first part of that question.

**Guest:** How imperative is it to become a vegetarian before the ascension?

**OWS:** It is all about consciousness. And if one feels like they need to move away from the ingesting of physical flesh, and all of this, because their consciousness is calling for it, then indeed you would do so. But if it is the consciousness that is saying, well, it is not quite so bad at this point, as long as you are imbibing with those things that are organic and this nature, more locally grown in terms of vegetables, and fruits, and all of these things, as well as that of the animals that are ingested here locally would be the best always. But again, it is all about consciousness, and frequency change within consciousness. So simply ask yourself. Ask within yourself. Rather than ask another, such as us, ask within yourself, and you will receive an answer as to what is right or not so right for you at this time. Okay?

**Guest:** Thank you very much.

**OWS:** Would there be any other questions here?

**Guest:** I have a question related to the one just asked. Could you give us some guidance as to how to purify food if we cannot always buy organic, or if we wish to raise the vibration of the foods that we have, or that was purchased in cans and boxes, and things like that. Could you give us some guidance there please? Thank you.

**OWS:** We can tell you that simply with your intention you can purify anything, even such as a thing that would be considered poison. What we are saying here is that when one has a high enough consciousness, they can be, for instance, bit by a rattlesnake, and if they do not believe that the poison will affect them because their consciousness is high enough to believe that, then it will not affect them. You see?

It is even the same as putting your hand in a flame; if you do not believe that it will burn, it will not.

So, it is the same with the foods, and the waters, and all of these things that you take into your body. It is a belief process.

Now remember, believing is seeing. So, when you fully come to that understanding, and that level of consciousness, it does not matter what you take into your body, because you can transmute it before it comes in. Okay?

As to a direct way of doing that, we are saying that that will come to you when you have raised your believe system and your consciousness along with it. Then you will know exactly what to do and how to do it as it comes. The question is: are you ready for that now? Okay?

**Guest:** Thank you very much.

**OWS:** Would there be any further questions here?

**Guest:** Yes.

**OWS:** We take one more question, and then we need to release channel.

**Guest:** Yes, okay. Several years ago, on the January 6 timeframe, it was unfathomable to me to think that we would actually have to trudge through to another election, but we have, with the Deep State in charge. Now it looks like we may need to do that. We may be heading into that direction. But can you give us a ray of hope that there is something or things powerfully happening behind the scenes to be sure that the election does not get stolen again, and that we do not have another four years, because it is *very* difficult to contemplate another, even when we make it through to this election and another four years. So, can you give us any hope in that matter of that?

**OWS:** We will give this in simply six words: The White Hats are in charge.

**Guest:** Okay. So, I'm hoping we are not going to have to deal with another four years, then?

**OWS:** Not to suffer a great deal with those simple six words. That should tell you what is coming here.

**Guest:** Okay. Thank you.

**OWS:** Yes. We need to release channel here.

Just simply continue to go about your daily activity activities, but do so with a higher level of consciousness as you do it. Raise your frequency vibration whenever you think about it; simply do it. Of a better tool that you need to do it, just do it. And you will find that as you continue to do that, then those moments of despair, of dis consolation, of depression, and of these things that you used to have, and would wallow in misery will fade away much quicker as you do this. And you will find that you are not slipping back into those deeper, lower levels of consciousness very often here.

**OWS:** Shanti. Peace be with you. Be the one.

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## **R’Kok: Media Fabricate Reality by Cherry-Picking Experts**

Posted on [07/26/2023](#)



Channel: A.S.

My dear Earth friends,

Many of you will already know what I’m going to share today. But I think the following is important enough that I want to dedicate a message to it anyway:

By itself, it seems somewhat harmless that it’s constantly stressed that people should listen to experts, and that the opinion of experts is elevated over things like gut feeling and intuition and what the average person on the street commonly thinks and what reality seems to be if people simply look at the world around them. By itself, it seems somewhat harmless that expert opinion is elevated over those things.

By itself, it seems somewhat harmless that things on the internet get censored if they contradict the opinion of experts.

By itself, it seems somewhat harmless that mainstream media and social media platforms can decide which experts get promoted and spotlighted, and which experts get DE platformed.

However, if you put these three seemingly-innocuous things together, then effectively you've given legacy media and social media platforms the ability to fabricate reality.

How so? Well, let's look at an example.

At some point legacy media and social media decided they wished to push the narrative that covid was real and incredibly deadly and that a huge amount of people would die from it and there was nothing sneaky going on. The message was just: a black plague-like pandemic has arrived, and that's it, governments have no agenda here other than saving lives.

So, it was endlessly stressed that people should listen to experts. The media cherry-picked and promoted those experts who pushed the desired message. The media DE platformed genuine experts and scientists and doctors who contradicted the desired message.

The media thereby created an illusion that like 99.99% of experts agreed with the narrative, when in reality that percentage was substantially lower. That percentage would have been even lower, had experts not been threatened with the loss of their job or funding if they contradicted the official narrative.

And of course, if 99.99% of experts agree on something (they didn't), then it's fair to censor misinformation, right? But it was never the case that 99.99% of experts agreed.

Keep in mind that just because the media pretends that practically every expert agrees on something, doesn't mean that's actually so. They're simply lying. They pretend that there's an expert consensus when in reality that doesn't exist, and then they fabricate the perception of that consensus by selectively Deplatforming and censoring experts who go against the desired narrative.

This is a critical point. Always remember that when the media implies or states that there's some expert consensus here, almost never are they actually proving that this alleged consensus exists. Sure, sometimes this consensus really does exist, but sometimes it doesn't and they're just fabricating it out of thin air. And then they're reinforcing their fabrication via the Deplatforming of experts who disagree with them.

This is actually an incredibly powerful tool to fabricate reality. The masses think that the media is just some party passing along information, when in reality the media can very easily get most of the population to believe that reality is whatever they fabricate it to be.

This is similar to how people think that polls are a way to measure public opinion, when in reality polls are often a way to fabricate public opinion. After all, you can make polls say whatever you wish, just by oversampling people who agree with your desired opinion. Or in plain English: if five people agree with you and five people disagree with you, and you take a poll among four people who agree and one person who disagrees with you, then the poll will say that 80% of people agree with you.

If the average person believes that most people believe something, then they will believe it too. If the average person believes that most people favor X over Y, then probably this person will favor X too, even if it was never true that most people favored X. Therefore, most people can be nudged to believe X, because they believe that most people believe X, when in reality they never did. But then the poll appears accurate afterwards, because the poll said that most people prefer X and indeed most people now prefer X. But most people only prefer X because the poll initially lied about most people preferring X. Therefore, the poll didn't measure reality, the poll fabricated reality.

In fact, the poll fabricated reality so well that the poll made up that most people prefer X, and because of the power of the poll, most people now genuinely do prefer X. Because they think most others prefer X, when they never did before the poll fabricated that reality.

In this way, one poll can change the opinion of millions of people, just by convincing the masses that a majority opinion among the people exists, when it doesn't.

Is your head spinning? Yes, from the perspective of the dark controllers, reality really is this malleable. The herd of sheep really are this easy to herd into a slaughterhouse.

Suppose the dark controllers wish to sabotage a political candidate in the minds of the public, or wish to convince a political candidate that they can't win and should drop out of the race. Then the dark controllers can use skewed polls that oversample people who disagree with those candidates. This sounds silly, but it's actually effective, because the public doesn't want to promote or talk about or volunteer for or donate to candidates if the polls show they have no chance. It's also much harder for a political campaign to secure funding if they poll poorly. This is why there's sometimes talk that a certain political candidate may be beloved, but they're simply not viable. In part they're not viable because they're being sabotaged by skewed polls from the dark controllers. Funnily enough, the candidates that the dark controllers like are always viable and are usually **polling well, even when most people despise those candidates**

**The dark controllers also tried this during the 2016 Trump vs Hillary election. Polls usually predicted that Hillary would win, but then Trump won. So, the polls weren't accurate, as is often the case, however in this case they failed to manufacture the reality they were allegedly predicting, and so the polls were exposed in this instance. However, most people failed to realize the significance of this exposure, and so today most people still believe polls. This is a shame: in an ideal world people would have stopped believing in polls after 2016, or even earlier.**

**Intentionally skewed polls are also a great method to cover up election manipulation. If election results are in line with poll results, then the election doesn't look manipulated, however often in the**



west it's the case that the elections and the polls were simply both manipulated.

Polls aren't tools to measure public opinion. They're tools to fabricate public opinion.

At least, they are whenever the dark controllers wish to push a certain narrative. Of course, there are people out there who genuinely do good polling, with a reasonable sampling. Some polls are reasonably accurate.

So, the media and polls can fabricate whatever reality they want, and most of the public will believe that this fabricated reality is actual reality.

This is Orwellian.

Unfortunately, this pattern of fabricating false realities has been repeating over and over and over again. For example, the media fabricated a false reality that inflation would be transitory. The media fabricated a false reality that Russia would lose the Ukraine war. The media fabricated a false reality that invading Iraq was an appropriate response to 9/11. Et cetera, et cetera.

How often does the media need to fabricate a false reality before the masses stop listening to them?

I guess people are exhausted and overburdened and scared, and just believing what the brainwashing box says is easier than thinking for themselves. Plus, there are social consequences to thinking for yourself.

The question: "Who do you believe, me or your own lying eyes?" used to be a joke, but nowadays many people often genuinely believe the media over their own eyes.

This isn't a coincidence either. A few years ago, a US senator showed a snowball as part of him making an argument against the climate change narrative.

From the point of view of the dark controllers, who also control mainstream media and many social media platforms, this is completely unacceptable. It is unacceptable for people to use their own eyes and brains to arrive at a conclusion, because if people do, reality can no longer be fabricated via cherry-picked experts. People who use their own eyes and brains must be relentlessly mocked or DE platformed. People must be bullied into not observing and not thinking and not doing anything, except listening to and referring to cherry-picked experts.

The insidious thing here is, of course, that in some cases people genuinely will arrive at incorrect conclusions if they just look at the world around them and think for themselves. And the dark controllers leverage this to enforce: don't observe, don't think, only listen to and refer to experts. However, the actual solution to the problem of people occasionally arriving at wrong conclusions if they observe and think for themselves, isn't people shutting off their own critical thinking skills and just listening to experts. The solution is the free and uncensored marketplace of ideas.

This was also the point behind the recent exchange: "can you provide a definition for the word 'woman'?" "I can't. I'm not a biologist." The person refusing to define the word "woman" is acting how the dark controllers want everyone to act: she is refusing to use her own eyes and brain, and in this exchange is doing nothing except listening to and referring to cherry-picked experts. This is what the dark controllers want people to do: don't observe, don't think, only listen to and refer to experts.

Cherry-picked experts are then spotlighted, and inconvenient experts are DE platformed and censored, and thus reality is fabricated. In this way, reality can be whatever the dark controllers want it to be.

Again, this is Orwellian.

So: media can fabricate reality if we combine three things:

- that people should listen to and refer to the experts
- that media decides which experts get spotlighted and which get DE platformed, and thereby media can fabricate the illusion that an expert consensus exists
- media can censor and DE platform average people if they contradict this alleged expert consensus (which in reality may not exist).

Therefore, the value of freedom of expression must be preserved.

In previous messages Hakann and Tunia have repeatedly spoken out against censorship and Deplatforming. I completely agree: so long as people aren't literally trying to organize a lynching or something egregious like that, speech should not be censored. This is critical. If censorship is allowed, then the media will just fabricate reality as they see fit, and an unelected undemocratic body should not have that ability.

If you don't want beings like the old me to be able to subvert a civilization, then freedom of expression must be preserved. Trust me, I should know.

Finally, I would argue that people on Earth should also stop seeing expert opinion as the only thing that matters, and see it as just one very important piece of information. It's too simple to say "don't listen to experts" because sometimes they are genuinely right. However, I think that for example expert opinion and what the average person thinks should both be taken into account, not necessarily in the same amount, however expert opinion shouldn't be the only thing that matters. It's more democratic to also have the opinion of the average person on the street count to some extent.

As you know on Earth, there often is wisdom in crowds. In some cases, the average opinion of the masses is closer to the truth than expert opinion. Not always, and I'm not saying that experts shouldn't be listened to. I'm just saying that expert opinion should be one thing that's taken into account and it shouldn't be the only thing that's taken into account.

I hope this was useful.

To be honest, it is a bit horrifying to look at the subtle means of control that are used on Earth. It's scary that many people think they are free, and yet they are trapped in a mental cage they are not even aware of.

Fortunately, as Tunia has correctly stated: you will be free.

All my love,  
R'Kok